

GLOBAL
CONCEPTS
CHARTER SCHOOLS
Breakfast Menu K-12

June 2019



Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Proudly Participating in Farm To School Programs! This Month Featuring NY State Apples From LynOaken Farms!!</p>	<p>“Find a Summer Food Service Program in your area by using the following link http://portal.nysed.gov/portal/page/pref/CNKC/SFSP_pp/2014%20SFSP%20Sites.htm”</p>			
<p>3 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>4 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>5 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>6 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>7 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>
<p>10 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>11 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>12 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>13 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>14 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>
<p>17 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>18 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>19 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>20 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>21 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>
<p>24 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>25 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk</p>	<p>26 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G) ----- Juice, Fresh or Prepared Fruit ----- Non or Low Fat Milk Last Day Of School</p>	<p>27 Have A Safe Summer!</p>	<p>28 This institution is an equal opportunity employer & provider</p>

Choose an item from between each of the dotted line sections

Must take at least 2 Items

We offer fresh, prepared fruits and juice daily

Non or Low Fat White or Non-Fat Chocolate Milk



Did You Know.....

All of the grains and breads we use are “whole grain-rich”. Meaning they contain at least 51% whole grain meal &/or flour. These requirements also reflect the 2010 Dietary Guidelines for Americans, which recommended making whole grains at least half of all grains consumed.