



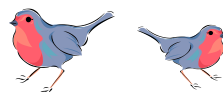


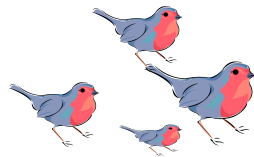


Global Concepts
Charter
Breakfast Menu
K-12
Student Price \$2.00

April 2019



Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>2 Pancakes (2G) w/Syrup Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>3 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>4 Whole Grain Doughnut (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>5 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>
<p>8 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>9 Waffle Sticks (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>10 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>11 Whole Grain Doughnut (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>12 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>
<p>15 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>16 Pancakes (2G) w/Syrup Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>17 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>18 Whole Grain Doughnut (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk Choice of Fruit 1/2c</p>	<p>19 Spring Break No School</p> 
<p>22 Spring Break No School</p> 	<p>23 Spring Break No School</p> 	<p>24 Spring Break No School</p> 	<p>25 Spring Break No School</p> 	<p>26 Spring Break No School</p> 
<p>29 Bagel w/ Toppings (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>	<p>30 Waffle Sticks (2G) Or Cereal w/1/2 Bagel (2G)</p> <hr/> <p>Juice, Fresh or Prepared Fruit</p> <hr/> <p>Non-or Low Fat Milk</p>			<p>This institution is an equal opportunity employer & provider</p>

Did You Know.....

All of the grains and breads we use are "whole grain-rich". Meaning they contain at least 51% whole grain meal &/or flour. These requirements also reflect the 2010 Dietary Guidelines for Americans, which recommended making whole grains at least half of all grains consumed.



Choose an item from between each of the dotted line sections

Must take at least 2 Items

We offer fresh, prepared fruits and juice daily

Non or Low Fat White or Non-Fat Chocolate Milk