



February 2023

Global Concepts Elementary School

Lunch Menu



Personal Touch
FOOD SERVICE

Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
 NYS Apples NYS Winter Squash		Taco 8" Shell (2M, 2G) ----- Refried Beans 1/2c Steamed Rice 1/2c Fruit 1/2c Milk 8 oz	Chicken Fingers (2M, 2G) ----- Romain Salad 1c Garden Peas 1/2c Fruit 1/2c Milk 8 oz	Turkey and Gravy Dinner Roll (2M, 2G) ----- Mashed Potatoes 1/2c Corn Nibbles Fruit 1/2c Milk-8oz
Popcorn Chicken Dinner Roll ----- Oven Browned Potatoes 1/2c Fruit 1/2c Milk-8oz	Breakfast 8' Wraps For Lunch! 8" Wrap, Egg, Cheddar Cheese Hash Brown (2M, 2G) ----- Hash Brown Patty 1/2c Carrot Coins 3/4c Fruit 1/2c Milk-8oz	Cheese Pizza (2M, 2G) ----- Romain Salad 1c Fruit 1/2c Milk -8oz	Roasted Chicken (2M, 2G) ----- Mashed Potatoes 1/2c Broccoli 1/2c Fruit 1/2c Milk-8oz	Cheese Sticks Dipping Sauce (2M, 2G) ----- Refried Beans 1/2c Steamed Rice 1/2c Fruit 1/2c Milk-8oz
Hamburger (2M, 2G) ----- Carrot Rounds 3/4c Oven Browned Potatoes 1/2c Fruit 1/2c Milk-8oz	Grilled Cheese (2M, 2G) ----- Romain Salad 1c Green Beans 1/2c Fruit 1/2c Milk-8oz	Chicken Nuggets (2M, 2G) ----- Romain Salad 1c Oven Browned Potatoes 1/2c Fruit 1/2c Milk-8oz	Sloppy Joe on a Roll (2M, 2G) ----- Mashed Potatoes 1/2c Corn Nibbles Fruit 1/2c Milk-8oz	Early Release No Lunch
	No School Mid-Winter Recess	No School Mid-Winter Recess	No School Mid-Winter Recess	No School Mid-Winter Recess
Taco 8" Shell (2M, 2G) ----- Refried Beans 1/2c Garden Corn 1/2c NY State Apples 1 piece Milk-8oz	Popcorn Chicken Mashed Potato Bowl (2M, 2G) ----- Corn 3/4c Fruit 1/2c Milk 8 oz	 NYS Apples NYS Winter Squash		

NYS LOCAL FOODS

**Upstate Farms Dairy*

-milk, yogurt, sour cream

**LynOaken Farms Apples*

**Local Farm Vegetables and Fruit*

used in Meal Program

highlighted in green

We serve the following Items Daily

Deli Sandwiches! (2M2G)

Salads! (2M2G)

PBJ Sandwiches! (2M2G)

Made Fresh Daily!!!!

*Fresh or prepared fruits and
vegetables offered daily.*

*(Must take ½ cup of Fruit or Veggies
may take one cup)*

**Non-or Low-Fat White or
Non-Fat Chocolate Milk**



*This Institution is an equal opportunity
provider and employer*