



February 2023

Global Concepts School Breakfast Menu



Personal Touch
FOOD SERVICE 

Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>NYS Apples NYS Winter Squash</p>		<p>1 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>2 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>3 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>
<p>6 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>7 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>8 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>9 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>10 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>
<p>13 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>14 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>15 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>16 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>17 Early Release No Lunch</p>
<p>20 </p>	<p>21 No School Mid-Winter Recess</p>	<p>22 No School Mid-Winter Recess</p>	<p>23 No School Mid-Winter Recess</p>	<p>24 No School Mid-Winter Recess</p>
<p>27 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	<p>28 Elementary School Breakfast Break Non- or Low-Fat Milk ----- High School Cereal or Other Choice Juice Or Fruit Non-or-Law Fat Milk Milk -8oz</p>	 <p>NYS Apples NYS Winter Squash</p>		

NYS LOCAL FOODS

**Upstate Farms Dairy*

-milk, yogurt, sour cream

**LynOaken Farms Apples*

**Local Farm Vegetables and Fruit*

used in Meal Program

highlighted in green

**Choose an item from
between each of the
dotted line sections**

Must take at least 2 Items

***We offer fresh, prepared
fruits and juice daily and
Non- or Low-Fat White
Milk***



***This Institution is an equal opportunity
provider and employer***